

Kamp Dovetail Disabilities Seminar

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Purpose

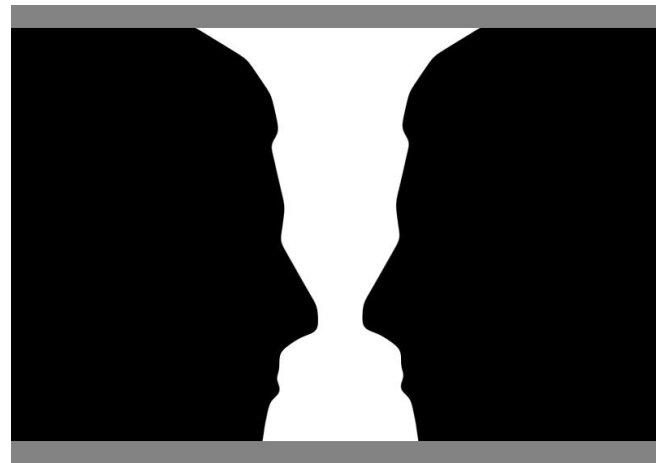
- to provide an overview of disabilities, **NOT** a comprehensive review
- To provide strategies for being a successful Kamp Dovetail Volunteer



What Do you see?



Slide 1

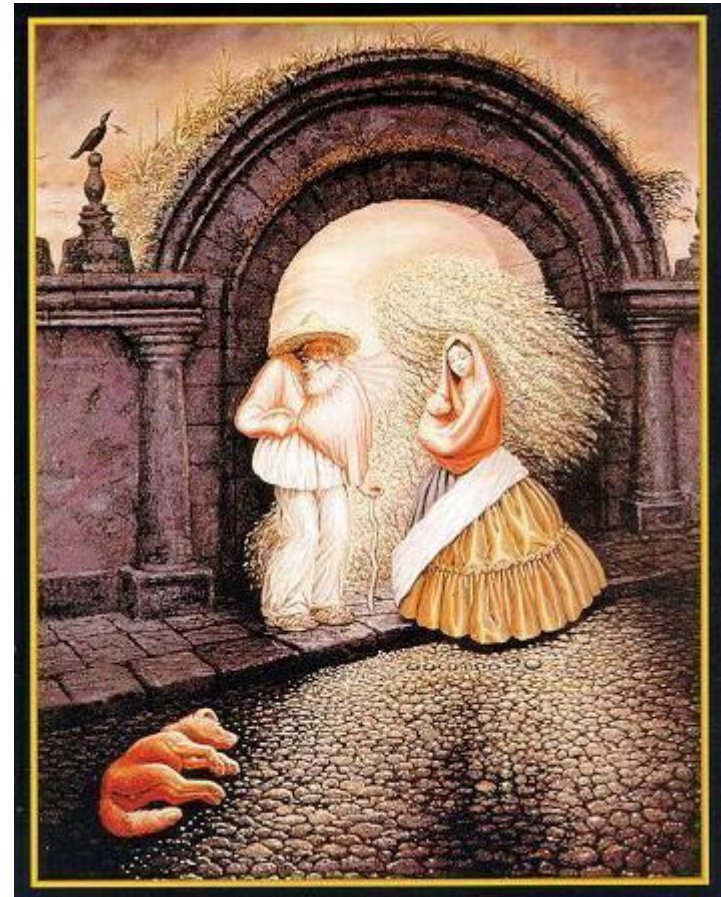


Slide 2

What do you see?



Slide 3



Slide 4

Your Perspective matters

- Illusion 1
 - Old woman?
 - Young woman?
- Illusion 2
 - Two people staring at each other?
 - Vase?
- Illusion 3
 - Old woman and old man staring lovingly at each other?
 - Two men serenading a young woman?
- Illusion 4
 - Old man under arch?
 - 9 people?

What do you see?



What was important in each picture

- In the group picture did you notice
 - the bikers?
 - The wheelchairs?
 - The smiles
 - The golf cart in the back?
 - The kids play toss?
 - The kid with a disability?
- In the horse picture
 - The number of people around each horse?
 - The look on the face of the rider?
 - The position of each side walker?
 - The kid with a disability?

What was important in each picture

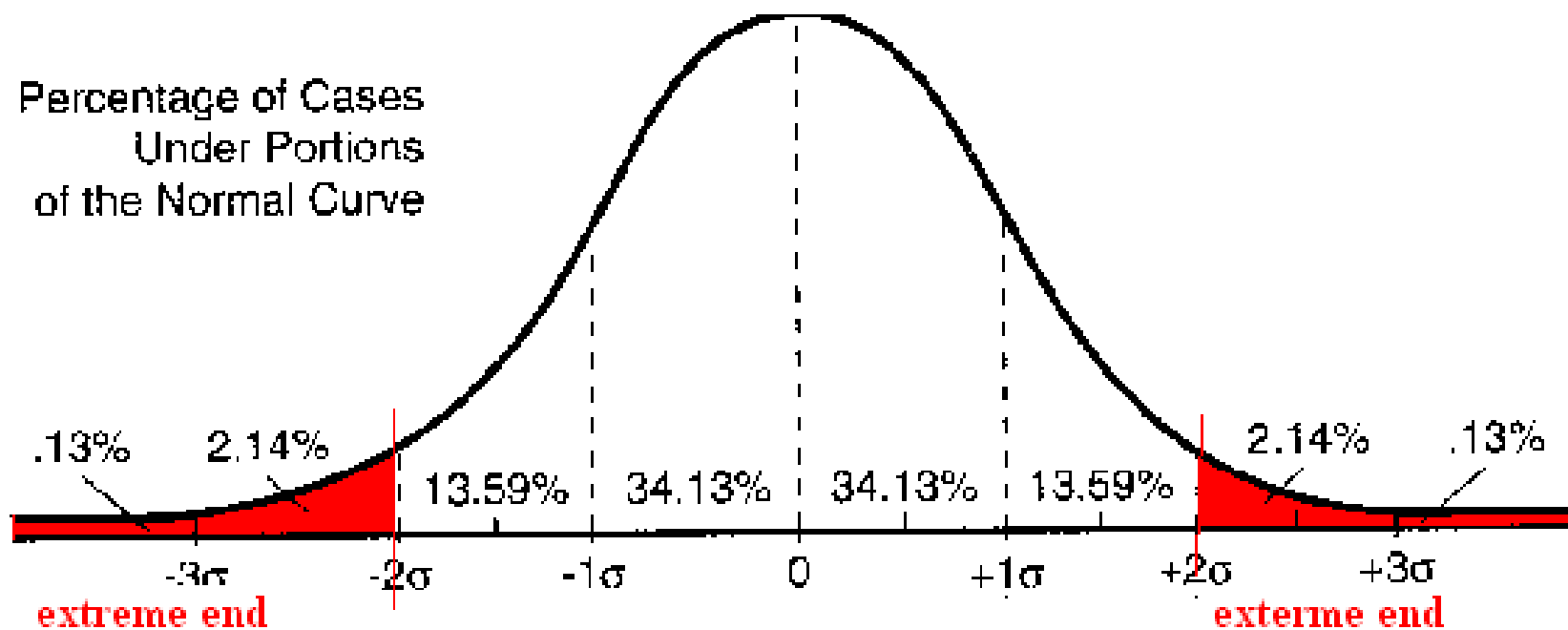
- In the group walking down the road
 - The looks on the faces?
 - The directions they were pointing?
 - The color of their shirts?
 - The kid with a disability?
- In the fishing picture
 - The number of fishing poles?
 - The person pointing?
 - The man untangling the fishing line?
 - The kid with a disability?

What is a disability?

- A disability is *an umbrella term, covering impairments, activity limitations, and participation restrictions. An impairment is a problem in body function or structure; an activity limitation is a difficulty encountered by an individual in executing a task or action; while a participation restriction is a problem experienced by an individual in involvement in life situations. Thus disability is a complex phenomenon, reflecting an interaction between features of a person's body and features of the society in which he or she lives*

- Translation

- A disability is the outer extremes of any action, state or being when compare to the average person or the society in which he/she lives



examples

- attention to task that is easily changed by events around
 - When you are hunting in the woods and grizzly bears are around is being focused only on your quarry good or could it be dangerous?
 - In school you are easily distracted from your math work sheet, good or could you earn a failing grade?
- A woman is 5'7" tall
 - In 1904 her height would have been on the upper extreme for women whose height was around 5'2"
 - In 2010 her height is still tall but no longer in the outer extreme as the average woman is around 5'4+".

Disabilities can be subdivided

- Medical Issues
 - Behavior Issues
 - Developmental Issues
 - Learning Issues
 - Mental Health Issues
- The determination of disabilities is made by a plethora of professionals
 - Medical professionals
 - Mental Health professionals
 - Private providers
 - Public Education

Medical Issues

- serious conditions like heart defects, cancer, muscular dystrophy, cystic fibrosis
- Chronic conditions like asthma and diabetes
- Congenital conditions like dwarfism, CP (cerebral palsy)
- Health threats like food allergies and obesity
- Educationally these conditions can fall under
 - Other health impaired (minor)
 - Other health impaired (major)
 - Orthopedic Impairment
 - Traumatic Brain Injury
 - Visually Impaired
 - Hard of Hearing/Deaf
 - Deaf
 - Blind
 - Multiple Disabilities
 - Cognitive Disabilities

Behavior Issues

- Don't respond to traditional discipline.
- Diagnosis often include ADHD, Fetal Alcohol Spectrum Disorder, Drug Disorder, Dysfunction of Sensory Integration, Tourette Syndrome.
- Educationally these conditions can fall under
 - Other health impaired (minor)
 - Emotional Disturbance
 - Specific Learning Disability
 - Cognitive disability

Developmental Issues

- Children do not meet developmental milestones (walking, eating, talking, socialization, etc) in the expected way or time. May include
 - Down's syndrome
 - Fragile X
 - Autism Spectrum Disorders
- Educationally these conditions can fall under
 - Cognitive Disability
 - Autism
 - Multiple Disabilities
 - Speech and Language Impairment

Try this

Try to read this. I'm sure you can....very interesting.

fi yuo cna raed tihs, yuo hvae a sgtrane mnid too
Cna yuo raed tihs? Olny 55 out of 100 plepoe can.

i cdnuolt blveiee taht I cluod aulacly uesdnatnrd waht I was rdanieg. The phaonmneal pweor of the hmuan mnid, aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it d seno't mtaetr in waht oerdr the ltt eres in a wrod are, the olny iproamtnt tihng is taht the frsit and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it whotuit a pboerlm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Azanmig huh? yaeh and I awlyas tghuhot slpeling was ipmorantt! if you can raed tihs forwrad it.

It said

- Try to read this. I'm sure you can...very interesting.
- If you can read this, you have a strange mind too. Can you read this? Only 55 out of 100 people can.
- I couldn't believe that I could actually understand what I was reading. The phenomenal power of the human mind, according to research at Cambridge University, it doesn't matter what order the letters in a word are, the only important thing is that the first and last letter be in there right place. The rest can be a total mess and you can still read it without a problem. This is because the human mind does not read every letter by itself, but the word as a whole. Amazing, huh? Yeah and I always thought spelling was important! If you can read this forward it.

A big environment

- From the time we are born we interact with others in a variety of places but school often has the largest impact on individuals.
- An educational disability occurs because something gets in the way of learning at the same rate as same age peers.

Learning Issues

- Children struggle with school work regardless of cognitive functioning.
- Educationally this conditions can fall under
 - Specific Learning Disability
 - Other health impaired (minor)
 - Speech and language impairment

Mental Health Issues

- Diagnosis is obtained by meeting criteria in the DSM-V-TR or IC10. Mental health issues that can be identified including depression, anxiety, Oppositional Defiant Disorder, Bipolar Disorder, PTSD, Borderline Disorder, RAD, NPD, Selective Mutism, OCD
- Educationally these conditions can fall under
 - Emotional Disturbed
 - Other Health Impaired (minor)

Mental Health Issues

- Acronyms sound scary
 - What does ODD stand for?
 - It means Oppositional Defiant Disorder
 - is an ongoing pattern of uncooperative, defiant, and hostile behavior toward authority figures that seriously interferes with the youngster's day to day functioning. Symptoms of ODD may include:
 - Frequent temper tantrums, Excessive arguing with adults, Often questioning rules, Active defiance and refusal to comply with adult requests and rules, Deliberate attempts to annoy or upset people, Blaming others for his or her mistakes or misbehavior, Often being touchy or easily annoyed by others, Frequent anger and resentment, Mean and hateful talking when upset, Spiteful attitude and revenge seeking, The symptoms are usually seen in multiple settings, but may be more noticeable at home or at school
- What is OCD
 - It means Obsessive compulsive disorder?
 - OCD is characterized by recurrent intense obsessions and/or compulsions that cause severe discomfort and interfere with day-to-day functioning. the obsessions or compulsions cause significant anxiety or distress, or they interfere with the child's normal routine, academic functioning, social activities, or relationships Symptoms may include:
 - Obsession which are recurrent and persistent thoughts, impulses, or images that are unwanted and cause marked anxiety or distress.. Compulsions are repetitive behaviors or rituals (like hand washing, hoarding, keeping things in order, checking something over and over) or mental acts (like counting, repeating words silently, avoiding).

What does this mean to the Kamp Volunteer

- At Kamp Dovetail the criteria for inclusion as a Camper is that you have some disability.
- As a volunteer, this means you will be working with someone who has a diagnosis
- the volunteer that helps the camper have a good week.

Who is the partner

- The one Who is smiling?
- The one Who is getting ready to through the bean bag
- The one who is waiting?



So how do you do it!

- You and your camper are more alike than you are different... SO...
- What do you do..
 - What do you want?
 - Friends..
 - So does your camper
 - To have fun
 - So does your camper
 - To be treated fairly and with respect
 - So does your camper
- Behavior
 - How do you like to be asked to do things
 - Yelled at?
 - NO? neither does your camper
 - Be told DON'T?
 - NO? neither does your camper
 - A statement of what needs to happen
 - You might not want ANYONE to state what you need to do but this is much better than other options

How do you do it?

- Each camper has his/her own type of needs, just like you do
 - You need to learn about your camper and his strengths/weakness
 - Be willing to help when asked or after you offer, DO not assume he/she needs help
 - Think on your feet, when needed. (see example)
 - Ask for help when YOU need it

Case in point

- Your camper has ADHD
 - short attention span
 - moves quickly
 - easily distracted
 - (at Kamp Dovetail, a large portion of the campers are boys 9-12 yrs old with ADHD)
- At swimming
 - What do you do?



Case Con't



- You need to keep your camper engaged
 - Sing a song?
 - Play a game?
 - Take turns swimming?
- All campers and volunteer need to be within touching distance at swimming

Important facts!



- You and your camper are more alike than you are different.
- Being a Kamp Volunteer is an important job!
- Being a volunteer has some very important skills
 - Being positive
 - Keeping information confidential
 - Asking for help when you need it